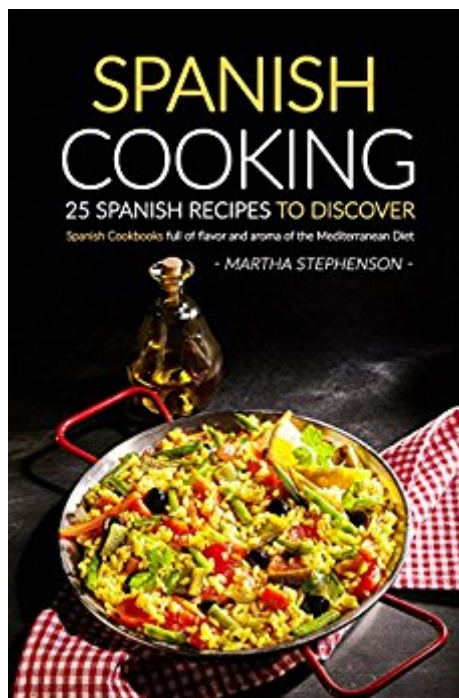


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Spanish Cooking - 25 Spanish Recipes To Discover: Spanish Cookbooks Full Of Flavor And Aroma Of The Mediterranean Diet



Synopsis

For a long time the paella alone represented the Spanish gastronomy. Not without a reason, it was the favorite dish of Franco, and all the restaurants in Madrid used to prepare it on Thursday, which was the day for the dictator to come and meet his people and have lunch in one of the many restaurants of the city. It was only in the late 70s, with the development of the tourism in the Costa del Sol and other parts of Spain, that the world discovered a wide and diverse Spanish gastronomy. The Spanish cooking proceeds essentially from the Mediterranean diet and the diversity of regions make it today a varied and renowned cuisine. But the Spanish cuisine has been influenced by its numerous discoveries during the various conquests in Latin America, Asia, and Africa. As a result various spices and new foods like tomatoes, potatoes, and vanilla were imported to the country. But also because of its trouble past of long occupations of the country by Phoenicians, Greeks, Romans and especially the Moor Spain adopted elements of different cuisine. Each time each of these civilizations left their marks on Spanish gastronomy. So, get this Spanish cookbook to your kitchen and make some fantastic and traditional Spanish recipes, which will delight everyone. It will help you discover another side of Spain with its healthy and Mediterranean diet by creating some "Tapas" -typical Spanish dishes that are presented in small quantities and great for family gatherings and parties. You may choose to make the world famous Paella with all the flavor and aroma of Spain in your kitchen. Let's Get Cooking! Scroll Back Up and Grab Your Copy Today! Click the Download with 1-Click Button at the top right of the screen or "Read FREE with Kindle Unlimited" now! Then, you can immediately begin reading Spanish Cooking - 25 Spanish Recipes to Discover: Spanish Cookbooks full of flavor and aroma of the Mediterranean Diet on your Kindle Device, Computer, Tablet or Smartphone.

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Customer Reviews

I have never been to Spain and I don't know much about Spanish cuisine, but I was curious about it since I tried gazpacho soup that one of my friends made one time. This book has a gazpacho recipe and I tried it immediately. And it is delicious. Of course, I tried a few more recipes and I have to say that I am becoming a fan of Spanish cooking. Lots of meat, mostly chicken, summer-style vegetables and that is enough to make me very happy. I love how the recipes are not just ingredients and preparation, there is also a brief intro at the beginning of every recipe that explains what actually this dish is. Great way to learn something while cooking. Too bad that there are no pictures in the book, it would be much more appealing to make some of these recipes if you know how it should end up looking. Other than that, a very good cookbook if you are interested in trying out some new things in your kitchen.

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